

Healthy Food in Health Care Successes

Since 2005 hospital food services in Oregon and SW Washington have worked hard to implement Healthy Food in Health Care efforts at their facilities.

Since the project came to Oregon we have seen...

- The implementation of more than 10 farmers markets, farm stands and CSA distributions on hospital grounds.
- The diversion of millions of pounds of kitchen waste from landfills through successful composting programs.
- Hospitals beginning and increasing procurement of local and sustainably grown and produced food.
- More than 13 hospitals have signed the HFHC Pledge, formalizing their commitment to serving more sustainable, healthy food.



Participants at the Oregon Healthy Food in Health Care Fall 2009 Roundtable hosted at Kaiser Permanente Interstate, Portland, OR.

- Participation in the Oregon HFHC Project by more than 26 hospitals in the region.



Guided by the values and expertise of medicine and public health, Physicians for Social Responsibility works to protect human life from the gravest threats to health and survival.

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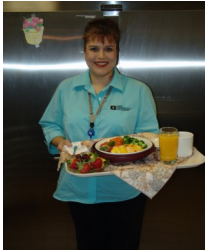
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Oregon Healthy Food in Health Care Project



**SERVING
SUSTAINABLE MEALS,
GROWING HEALTHY
COMMUNITIES.**

Oregon Healthy Food in Health Care -Project Background



Yolanda Salazar of Good Shepherd, Hermiston, OR is a project of Oregon Physicians for Social Responsibility's Health Care Without Harm Program. It is the regional component of the national HFHC Initiative, part of Health Care Without Harm—an international coalition of health care systems, health professionals, and non-governmental organizations.

The Oregon HFHC Project works to employ market-based forces to increase demand for sustainably produced foods, improve hospital food quality, educate the public, and bolster the local economy. The principal goal of the project is to leverage the significant purchasing power and influence of hospitals to support regional markets for fresh, sustainable food, and to model healthy food choices to the public.

Hospitals throughout Oregon and SW Washington participate in this regional project and implement numerous HFHC activities and efforts at their facilities.

What We Offer

By participating in the HFHC Project hospital food service departments have access to a number of support mechanisms. Through the HFHC Project we:

- Provide **educational and networking opportunities** through Healthy Food in Health Care Roundtables, and other events and forums
- Support cross-hospital collaboration and leveraging of purchasing power in the **HFHC Workgroup** where we explore issues, devise strategies, and share successes.
- Support implementation at regional hospitals through the development of **tools and resources**.
- Provide **direct technical support** to participating hospitals in devising and implementing comprehensive sustainable food policies and individual sustainable foodservice plans.

Special thanks to our funders for making the Project possible: Health Care Without Harm, Kaiser Permanente-Community Benefits, Multnomah County



Local strawberries from Kaiser Permanente's Interstate Farmers Market

Health Department/CDC Communities Putting Prevention to Work.

How to Become Involved

There are many ways interested hospitals can get involved and start implementing HFHC efforts at their facilities.

Get started today!

- **Learn** about the issues by visiting the national HFHC website (www.healthyfoodinhealthcare.org) for resources and tools.
- **Sign** the Healthy Food in Health Care Pledge.
- **Attend** a local roundtable! Learn more at the HFHC Roundtable webpage at www.oregonpsr.org.
- **Join our email list** to receive information about upcoming events and new tools and resources.
- **Subscribe** to our e-newsletter to learn more about how Oregon HFHC hospitals are working to improve the sustainability of their food services.
- **Receive** individual support or learn more about any of the above actions by contacting Gretchen Miller, Oregon HFHC Project Coordinator at: gretchen@oregonpsr.org OR 503.274.2720 X24.

HFHC Project Contact Information

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