

# **Oregon Healthy Food in Health Care Workgroup:**

## **Framework**

### **Background and Purpose**

The Oregon Healthy Food in Health Care Project recently received funding through the Multnomah County Health Department and CDC's Communities Putting Prevention to Work grant that enables the development of workgroups hospitals can participate in to further their sustainable food work. Originally conceived as two separate workgroups, just one work group, open to hospitals throughout Oregon and SW Washington will be convened in the fall of 2010 in order to ensure greater efficiency, continuity, and effectiveness.



The **Oregon Healthy Food in Health Care Workgroup** is being formed to create a collaborative learning space in which hospitals can access information and technical assistance that will help them implement sustainability initiatives, develop sustainable food policies specific to their facilities, and create sustainable food action plans. Benefits of this collaboration are the opportunity to share knowledge on implementation and policy development experiences; identify best practices; provide a unified and magnified voice on procurement, sustainable agriculture, and community wellness issues; and increase capacity for change.

### **Goal**

Increase effectiveness of sustainability initiative implementation and sustainable food policy and plan development by Oregon/SW Washington healthcare institutions resulting in increased health and well-being of hospital patients, staff, visitors, and communities and greater support for sustainable food systems.

### **Values**

- Creating an atmosphere of shared learning
- Recognizing the effectiveness of open collaboration while respecting individual facilities' right to confidentiality
- Establishing projects that are goal oriented and time effective

### **Approach**

#### **Workgroup Participation**

- For continuity and efficacy, interested hospitals will identify 1 or 2 people that have the time and interest to commit to regular participation.
- Workgroup members will strive to participate in as many meetings as possible in person or via a call-in option when necessary.

#### **Workgroup Structure**

- Chaired (or co-chaired) by a hospital representative who will help develop agendas, identify speakers, and facilitate meetings.
- Staffed by an Oregon HFHC employees who will provide technical assistance and administrative support.

#### **Workgroup Meetings**

- Frequency – Meetings will be held on the 3<sup>rd</sup> Friday of every month
- Location – Meetings will rotate between Metro Area hospitals with call-in options ideally being available
- Duration – Meetings will last 1.5 hours from 10-11:30AM (or at a time that is convenient for the majority of workgroup members)

## Future Oregon Healthy Food in Health Care Workgroup Projects and Agenda Items

- **October 15<sup>th</sup>, 2010 (Legacy Good Samaritan, Portland, OR)– Balanced Menus**
  - Workgroup Overview
  - Project Discussion
  - Meat, Poultry, Seafood Baseline Revisit
  - General portion size and menu option information
- **November 19<sup>th</sup>, 2010 (Legacy Good Samaritan, Portland, OR) – Sustainable Food Policies**
  - Introduction
  - Template Review
- **December 17<sup>th</sup>, 2010 (Legacy Good Samaritan, Portland, OR)– Balanced Menus**
  - Baseline Review
  - Tracking Training
  - Material Review
  - Implementation Strategies
- **January 21<sup>st</sup>, 2011 (Location - TBA) – Sustainable Food Policy**
  - Policy Review
  - Technical Assistance
- **February 18<sup>th</sup>, 2011 (Location - TBA)– TBA**
- **March 18<sup>th</sup>, 2011 (Location - TBA) - TBA**
- **April 15<sup>th</sup>, 2011 (Location - TBA) – TBA**
- **May 20<sup>th</sup>, 2011 (Location - TBA) – TBA**
- **June 17<sup>th</sup>, 2011 (Location - TBA) - TBA**

